

## COURSE OF STUDY: *PSYCHOLOGICAL SCIENCES AND TECHNIQUES*

**ACADEMIC YEAR:** 2023-24

**ACADEMIC SUBJECT:** *GENERAL PSYCHOLOGY*

General information	
Year of the course	1st
Academic calendar (starting and ending date)	1 <sup>st</sup> semester
Credits (CFU/ETCS):	8
SSD	M-PSI/01
Language	Italian
Mode of attendance	Legally mandatory

Professor/ Lecturer	
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Virtual room	MS Teams code: ax3r7xx
Office Hours (and modalities: e.g., by appointment, on line, etc.)	Tuesday, 12-14 am

Work schedule			
Hours			
Total	Lectures	Hands-on (laboratory, workshops, working groups, seminars, field trips)	Out-of-class study hours/ Self-study hours
200	60	==	140
CFU/ETCS			
8			

<b>Learning Objectives</b>	<i>The course aims to introduce students to the understanding of human behaviour and cognitive process with a particular emphasis on the methodological approaches in general psychology. Specific issues of psychology of emotions will also be presented with reference to the most recent scientific evidence in the field.</i>
<b>Course prerequisites</b>	<i>This is a 1<sup>st</sup> year 1<sup>st</sup> semester exam, hence there are no specific prerequisites other than those required for access to the degree course.</i>

<b>Teaching strategies</b>	<i>The course will encompass both lectures and thematic workshops, with ad-hoc contributions of experienced researchers and psychology professionals.</i>
<b>Expected learning outcomes in terms of</b>	
<b>Knowledge and understanding on:</b>	<ul style="list-style-type: none"> <li>• Overview of the epistemological fundamentals of the scientific psychology</li> <li>• Knowledge of the main theoretical and methodological approaches to the study of human behaviour and cognitive processes</li> <li>• Knowledge of the main research issues in general psychology</li> </ul>
<b>Applying knowledge and understanding on:</b>	<ul style="list-style-type: none"> <li>• Applying thematic knowledge of general psychology to solve non-familiar problems in broad and interdisciplinary contexts</li> </ul>

	<ul style="list-style-type: none"> <li>Identifying the psychological processes involved in daily-life behaviour</li> </ul>
<b>Soft skills</b>	<p>Making informed judgments and choices. At the end of the course, the student will achieve:</p> <ul style="list-style-type: none"> <li>Abilities to observe, identify, and analyze human behaviour and cognition</li> <li>Problem finding and non-naïf observational skills for dealing with daily-life psychological phenomena</li> </ul> <p>Communicating knowledge and understanding. At the end of the course the student will achieve:</p> <ul style="list-style-type: none"> <li>Abilities to express the learned contents in a personal and competent way</li> </ul> <p>Capacities to continue learning. At the end of the course the student will achieve:</p> <ul style="list-style-type: none"> <li>Abilities to read, analyze, and communicate texts on general psychology, facilitate subsequent studies and enhance the student's autonomy</li> </ul>
<b>Syllabus</b>	
<b>Content knowledge</b>	<ul style="list-style-type: none"> <li>History and methods of scientific psychology research</li> <li>Physiological bases of behaviour</li> <li>Learning</li> <li>Sensory systems</li> <li>Perception and attention</li> <li>Memory</li> <li>Thinking and reasoning</li> <li>Intelligence</li> <li>Communication and language</li> <li>Motivation and emotions</li> <li>Cognitive processing of emotional experiences</li> </ul>
<b>Texts and readings</b>	<ul style="list-style-type: none"> <li>Coon, D. &amp; Mitterer, J. O. (2016). <i>Psicologia Generale</i>, 2nd edition. Torino: UTET.</li> <li>Watkins, E. R. (2008). Constructive and unconstructive repetitive thoughts. <i>Psychological Bulletin</i>, 134, 163–206.</li> <li>Rimé, B. (2009). Emotion elicits the social sharing of emotion: Theory and empirical review. <i>Emotion</i>, 1, 60–85.</li> <li>Curci, A. &amp; Rimé, B. (2012). The temporal evolution of social sharing of emotions and its consequences on emotional recovery: A longitudinal study. <i>Emotion</i>, 12, 1004-1014.</li> <li>Curci, A., Lanciano, T., Soletti, E., &amp; Rimé, B. (2013). Negative emotional experiences arouse rumination and affect working memory capacity. <i>Emotion</i>, 13(5), 867-880.</li> </ul>
<b>Notes, additional materials</b>	Tutorial material (slides, schemes, papers, etc.) will be made available to students during the course.
<b>Repository</b>	<a href="https://www.uniba.it/it/docenti/curci-antionietta/attivita-didattica">https://www.uniba.it/it/docenti/curci-antionietta/attivita-didattica</a>
<b>Assessment</b>	
Assessment methods	<p>The exam is in a written form and has a minimum duration of 45 minutes. It includes 21 multiple choice questions and 3 open questions.</p> <p>Intermediate tests will be at mid-course and at the end of the course, consisting of multiple choice and open questions, lasting a minimum of 25 minutes. The sum of the results of the intermediate tests constitutes the final grade, however the student can always decide to take the final exam without considering the results of the intermediate tests.</p> <p>Results of the intermediate tests are published on the teacher's web page anonymously (with the sole indication of the student's registration number). Results of the final exam are communicated via Esse3.</p>
Assessment criteria	The assessment (intermediate and final) will aim to verify the level of the

	<p><i>student's mastery with respect to the contents proposed during the course with a specific consideration for:</i></p> <ul style="list-style-type: none"> <li>• <i>references to theory (knowledge and understanding);</i></li> <li>• <i>references to methods and procedures of investigation in scientific psychology (applying knowledge and understanding);</i></li> <li>• <i>ability to make conceptual inferences (making informed judgments and choices);</i></li> <li>• <i>lexical appropriateness (communicating knowledge and understanding);</i></li> <li>• <i>ability to elaborate contents (capacities to continue learning).</i></li> <li>• <i>Capacities to continue learning</i></li> </ul>
Final exam and grading criteria	<i>The exam is passed when the grade is greater than or equal to 18/30, with a maximum of 30/30.</i>
<b>Further information</b>	
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